



Facility Rules

Baseball + Softball

Turf + Cage Area Rules

ALLOWED

- Permitted Types of Practice / Play ONLY – Be Safe
- Only Molded Plastic/Rubber Field Cleats or Short Plastic Cleats
- Only Water is allowed in the Cages

NOT ALLOWED - TO PROTECT TURF, CLEANLINESS AND ATHLETES

- No METAL Cleats or Long Turf Cleats (3/4" or more even if plastic)
- No Spitting or Nose Clearing
- No Food of ANY kind
- No Gum, Seeds, Peanuts, Candy
- No Gatorade, sports drinks, sodas, juices or other beverages
- No Tobacco Products of Any Kind

Batting Cage Specific Rules

Notice - MBSTC assumes no liability associated with the batting/practice cage- use is at participant's own risk and requires compliance with all MBSTC facility, field and cage rules.

- Facility and cage liability waivers must be signed by participants and where necessary their guardians/ parents prior to use.
 - Participants must wear adequate protective gear appropriate to sport
 - Pitchers must always use a protective pitching screen for safety.
 - Only 1 pitcher and 1 hitter at a time are allowed in the cage
 - For sports besides baseball or softball, use of the cage and protective measures must be approved in advance by MBSTC staff.
 - Coaches with athletes using the cage must supervise other athletes under their direction that are elsewhere in the facility.
 - Batting practice/ swinging of bats must only take place in the cage.
 - Balls should be picked up and returned to the pitcher after each batter.
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